

ASHEVILLE DETOX CENTER

# ALL ABOUT OUR CENTER



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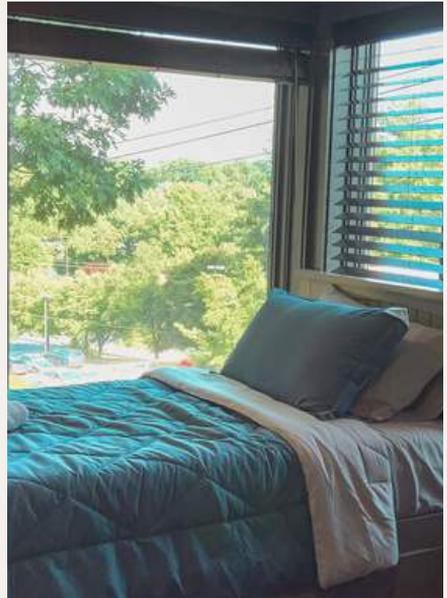
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## INTRODUCTION

# Designed for tranquility and comfort.

Asheville Detox Center is designed with tranquility and comfort in mind, providing a safe space for individuals to begin their recovery journey. Located in the scenic Blue Ridge Mountains of Asheville, North Carolina, our center offers medically supervised detox services to help clients transition from substance use to sobriety.

Our approach prioritizes safety, individualized care, and long-term success. Detoxification is just the first step on the path to recovery, and we ensure every client is set up for their next phase of treatment with expert guidance and support.



Nestled in a peaceful corner of Western North Carolina, Asheville Detox Center combines expert medical care with a serene environment conducive to healing. Our zen-inspired space helps clients feel at ease while undergoing detox, offering both privacy and comfort during this critical phase.

## THE DETOX PROCESS

# Evaluation, Stabilization, and Aftercare

At Asheville Detox, we believe in a holistic approach to detoxification, ensuring that every client receives individualized care tailored to their specific needs. Our three-phase process—Evaluation, Stabilization, and Aftercare Planning—provides a comprehensive framework to guide clients safely through detox and into long-term recovery.

**Evaluation**

Every client undergoes a comprehensive evaluation to assess their physical and mental health, addiction history, and individual needs. This step ensures a tailored treatment plan.

**Stabilization**

Through personalized care and, when appropriate, medication, clients are safely guided through withdrawal, ensuring physical and emotional stability.

**Aftercare Planning**

Detox is only the beginning. Our team works with each client to develop a plan for ongoing treatment, helping them transition smoothly into the next stage of recovery.



## SPECIALIZED DETOX SERVICES

# Alcohol, Opioids, and More

**Alcohol Detox**

Addressing potentially life-threatening withdrawal symptoms with professional care.

**Opioid Detox**

Weaning clients off opioids safely, with 24-hour supervision and medication-assisted treatment when needed.

**Meth Detox**

Supporting clients through the challenging withdrawal symptoms associated with methamphetamine use.

**Prescription Pill Detox**

Helping individuals recover from dependence on prescription medications such as opioids, benzodiazepines, and stimulants.

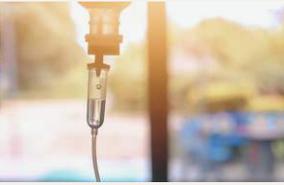
**Benzodiazepine Detox**

Managing withdrawal with a focus on safety to prevent serious complications such as seizures.



## MEDICATION ASSISTED TREATMENT

# Using Medicine to Ease Discomfort



**Medication-Assisted Treatment (MAT)** is a cornerstone of effective detox care, combining FDA-approved medications with therapeutic support to ease withdrawal symptoms and reduce cravings. This approach not only ensures a safer and more comfortable detox experience but also increases the likelihood of long-term recovery success. At Asheville Detox, MAT is tailored to each client's unique needs, ensuring they receive the care and attention necessary for their journey.



## How MAT Works

MAT involves the use of specific medications to help stabilize clients during detox. These medications can alleviate uncomfortable or dangerous withdrawal symptoms, allowing individuals to focus on their recovery journey rather than the physical toll of detoxification.



## Benefits of MAT

MAT not only improves the detox process but also boosts overall recovery outcomes. Studies show that clients who receive MAT are more likely to complete treatment and remain in long-term recovery. Additionally, MAT reduces the risk of relapse by curbing cravings and managing post-detox discomfort.

Our MAT program includes medications such as Suboxone, Vivitrol, and Naltrexone, each prescribed and monitored by our experienced medical team. Combined with therapy and personalized support, MAT empowers clients to transition through detox with confidence and stability.

## OUR STAFF

# You're in good hands.

At Asheville Detox, our team comprises highly trained professionals committed to providing exceptional care throughout your detox journey. Our staff includes:

**Licensed Medical Professionals**

Our team features physicians and nurses with specialized training in addiction medicine and detoxification protocols. They ensure safe and effective management of withdrawal symptoms, tailoring care to each client's unique needs.

**Certified Therapists and Counselors**

Our therapists hold certifications in addiction counseling and possess extensive experience in supporting individuals through the emotional and psychological aspects of detox and recovery.

**Support Staff**

From administrative personnel to wellness coordinators, our support staff is dedicated to creating a comfortable and nurturing environment, attending to the holistic needs of our clients.

Collectively, our team's expertise and compassionate approach provide a solid foundation for clients embarking on their path to recovery.

## Contact Us



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